

GORDIEpledge™

I recognize that alcohol misuse can cause serious harm, and in some cases, death. Today, I will join others by pledging to:

1. Learn the PUBS symptoms of alcohol overdose and teach my friends
2. Always use PUBS to assess friends who have too much to drink
3. Call 911 if I see **even one** PUBS symptom

Unresponsive
(to pinching)



Breathing
(irregular)



Puking
(while passed out)



Skin
(cold or blue)



*Unsure? Call Poison Control
1-800-222-1222

Call **911**

Date	Name (Print)	Signature