

GORDIEpledge[™]

I recognize that alcohol misuse can cause serious harm, and in some cases, death.

Today, I will join others by pledging to:

1. Learn the PUBS symptoms of alcohol overdose and teach my friends
2. Always use PUBS to assess friends who have too much to drink
3. Call 911 if I see **even one** PUBS symptom

Save a Life. Make the Call.

Alcohol overdose can have any ONE of these four PUBS symptoms

U
Unresponsive
(to pinching)



B
Breathing
(irregular)



P
Puking
(while passed out)

S
Skin
(cold or blue)



***Unsure? Call Poison Control**
1-800-222-1222

Call 911